

AIM

The aim of this course is to expand existing knowledge through a self-directed learning process, while providing support for those involved in caring for the breastfeeding mother and her family. This course is suitable for all health professionals involved in providing breastfeeding support.

ASSESSMENT

This course can be done entirely from home, allowing for flexibility and providing adaptability to the needs and commitments of the individual.

Nominated written work (sent via post or email) will be assessed by IBCLCs. Registrants will be given a satisfactory/unsatisfactory grade for each module. If work is deemed unsatisfactory, registrants may resubmit that component of their work.

This course may also be done through an interactive workshop mode if 10 or more requests are received before 1st October (only available in the Adelaide).

CERTIFICATE OF COMPLETION

A Certificate of Completion will be issued on satisfactory completion of this course. This **does not** mean you are a lactation consultant.

REGISTRATION

Registrations for the course will be accepted at any time during the year. Students have 7 months in which to complete the course.

Group registrations of 10 or more from the same area will receive a library of texts of your choice (up to \$400) to use and keep.

UNIVERSITY CREDIT

Some Australian universities give credit for this course towards Bachelor, Graduate Certificate, Graduate Diploma and Masters degrees. Please contact Jen Byrne (08) 8271 8740, for more information. email: jen_byrne2000@hotmail.com

TRIAL EXAM

A trial exam will be held in Adelaide in July. Please contact me before end May if interested. Cost: free or \$80 (if not currently enrolled)

Course content

The course consists of a series of 10 modules covering all key areas of breastfeeding and lactation knowledge and management: (*Internal sessions from 7pm-10pm commencing Oct 2010*)

1. Early days to 12 months
2. Anatomy & Physiology
3. Sociology, Psychology & Counselling
4. Endocrinology & Biochemistry
5. Pregnancy, Birth & Nutrition
6. Immunology & Pathology
7. Pharmacology & Toxicology
8. Prematurity / Technology
9. Public Health/ Ethical & Legal issues
10. Research

Trial Exam — Adelaide only (early July)

COURSE MATERIAL

Registrants receive a study package that includes

- study guide questions
- case study questions
- multiple choice questions
- a reading list (books & websites)
- sample IBLCE exam questions
- Information about relevant organisations and other resources

Books and videos are also available for loan (for students based in Australia)

FURTHER INFORMATION

For further information please contact:

Jen Byrne (08) 8271 8740
email: jen_byrne2000@hotmail.com

P O Box 336, Unley SA 5061, Australia
www.australasianlactationcourses.com

LACTATION COURSE FOR HEALTH PROFESSIONALS 2010

REGISTRATION FORM

Australasian Lactation Courses
P O Box 336, Unley SA 5061, Australia
ABN 88 681 087 408

Cheques made payable to Australasian Lactation Courses

This form may be considered a Tax Invoice

Given Name: _____

Family Name/
Surname: _____

Address: _____

State _____ Postcode: _____

Telephone: (_____) _____

Email: _____

Relevant qualifications: _____

Occupation: _____

Are you planning to sit the international exam?

Yes No

Would you share your email address with other students? Yes No

Cost

\$650 if doing course in Australia (includes GST)

\$650 if doing course outside Australia.
Please send bank cheque for \$(AUS)650

For IBCLC ONLY

IBCLC number.....

Module numbers.....

\$70 per module Amount enclosed.....

Mission Statement

We believe in the promotion of lactation education for health professionals who work with parents and their babies to enable all mothers to want to breastfeed and to be able to do so successfully. We are strongly committed to the promotion, protection and support of breastfeeding.

Withdrawal procedure

A refund of \$100 will be issued if the registrant withdraws within 2 months of registration and has not submitted written work for more than 30% of the modules. The package remains with the registrant. Notification of withdrawal by the registrant must be sent in writing to the course address. Deferment is not possible since this course is continually being revised to keep it as up-to-date as possible. Extensions can be negotiated.

IBCLE Exam (www.iblce.edu.au)

To sit the IBCLC exam will require you to contact:

Regional Administrator, Karolyn Vaughan
IBCLE in Australia,
P O Box 1533 Oxenford QLD 4210,
Ph (07) 55298811, Fax (07) 55298922,
e-mail: KarolynVaughan@iblce.edu.au
(if you live in Australia, Asia, South Pacific or UK);

Regional Administrator, Ilse Bichler,
IBLCE Office in Europe
Steinfeldgasse 11, 2511 Pfaffstaetten, Austria
Ph +43 2252 20 6595, Fax +43 2252 20 6487
Email: office@iblce-europe.org
(if you live in Europe, Middle east, Northern Africa)

IBLCE International Headquarters
7245 Arlington Boulevard Suite 200
Falls Church VA 22042-3217
Ph +1 703 560 7330, Fax +1 703 560 7332
Email: iblce@iblce.org
(if you live in US, Canada or elsewhere).

Candidates need to meet criteria in tertiary education, breastfeeding counselling and breastfeeding education to be eligible to sit the IBCLC exam. It is not necessary to be an exam candidate to register for this course. The IBLCE is independent of and not associated with, nor endorses, any particular lactation education course.



**AUSTRALASIAN
LACTATION
COURSES**

LACTATION COURSE

for

HEALTH PROFESSIONALS

2010

Jen Byrne RM, IBCLC, Dip App Sc(CHN)
BN, MNSt, FACM

Continuing Education Hours in Breastfeeding - 120

CERPs - Application has been made to IBLCE for CERPs

CPDs—please check with course providers

PDCPs - Application has been made to ACM for PDCPs.

These products are designed to help maternity units educate their staff in breastfeeding management.

**Breastfeeding Management Workshop:
Presented by course coordinator**

We can facilitate this at your institution as either an all day session (8 hours) or as 2 half day sessions (2 x 4 hours). The workshop includes the topics below and is presented in an interactive manner to ensure all participants' needs are met within this context. Methods used in the workshops include several self assessments, visual aids, a video, and small and large groups discussions. Participants are provided with a set of materials for use during the workshop and also have access to many other resources. The workshop is conducted within BFHI requirements.

A Certificate of Completion is presented to each participant at the end of the workshop if the participant has correctly answered 80% of the post workshop assessment.

Content of workshop:

- Introduction - 10 Steps to Successful Breastfeeding
- Advantages of breastfeeding/ hazards of formula feeding
- Anatomy and physiology of breastfeeding
- Breastmilk composition
- Management of breastfeeding
- Management of common problems
- Issues impacting on breastfeeding
- Community resources
- A self assessment of the 10 Steps to Successful Breastfeeding

Cost: \$165 /participant (min 10, max 20).
travel and accommodation costs of facilitator
photocopying of participant materials

Please contact
Jen Byrne (08) 82718740
email: jen_byrne2000@hotmail.com
to organise date/s:

**Breastfeeding Management Workshop:
purchased as a complete package for use by a
health professional facilitator**

This workshop package on breastfeeding management can be used by a health professional (with an interest in breastfeeding) within an institution to facilitate a workshop that meets the education requirements for BFHI.

The package incorporates the following:

- the workshop is designed to be delivered as 2 x 4 hour workshops, as an 8 hour workshop or as a self-learning package for those unable to attend the workshops.
- the workshop content is the same as that listed for the workshop presentation.
- all resources (video/DVD, overhead transparencies, photocopyable handouts, evaluation etc) needed for the presentation of the workshop are included. CD of powerpoint presentations are also included
- pre and post course assessment tools form part of this package
- Certificate of Completion (to be issued if participant correctly answers 80% of the post course assessment)
- information regarding application for CERPs, CPD points, and PDCP for the workshop
- notes, readings and other resources to assist the facilitator
- adaptation of the workshop for individual self learning (for those unable to attend sessions)

This package can be reused either in workshop format or as a self learning process. It can also be used as a refresher course. All that is required is a health professional (with an interest in breastfeeding) to facilitate it.

Cost: \$1200 (includes GST).

Any further questions? Please contact
Jen Byrne (08) 82718740
email: jen_byrne2000@hotmail.com
PO Box 336, Unley, SA 5061

www.australasianlactationcourses.com

**Australasian Lactation Courses
Breastfeeding Management Workshop:
purchased as a complete package for use
by a health professional facilitator**

Order form—2010

Please send order form and payment to:
Australasian Lactation Courses
PO Box 336, Unley, SA 5061
ABN 88 681 087 408
*Cheques should be made payable to
Australasian Lactation Courses.*

This form may be considered a Tax Invoice

Cost \$1200 (includes GST).

Contact name _____

Name of institution _____

Address _____

State _____

Postcode _____

Phone: (_____) _____

"Follow me Mum" is available in either

DVD

or

Video

Please indicate your preference

Mission Statement

We believe in the promotion of lactation education for health professionals who work with parents and their babies to enable all mothers to want to breastfeed and to be able to do so successfully. We are strongly committed to the promotion, protection and support of breastfeeding.

The **Australasian Lactation Courses (ALC)** has been actively promoting breastfeeding since 1989 through workshops, seminars and distance education courses. During this time, over 2000 students have completed lactation courses via workshop attendances or distance education. Numerous other health professionals have gained breastfeeding knowledge through attending the seminars organised by Australasian Lactation Course providers.

Jen Byrne is a midwife and has conducted a private practice since 1986 as a childbirth educator and lactation consultant. The Childbirth Education sessions attracted a rebate from private health insurance companies in Adelaide. Jen has a Masters degree. She is a lecturer in midwifery at Flinders University, Adelaide.



**AUSTRALASIAN
LACTATION
COURSES**

2010 BREASTFEEDING MANAGEMENT WORKSHOP

presented by course
coordinator

or
purchased as a complete
package for use by a health
professional facilitator

Used in maternity units Australia-wide

Jen Byrne

RM IBCLC
Dip App Sc(CHN)
BN MNSt FACM